WARM UP DRILLS
W4JOD Version

At the start and end of every daily practice session send the following

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z ? / , .
. , / ? Z Y X W V U T S R Q P O N M L K J I H G F E D C B A
1 2 3 4 5 6 7 8 9 0
0 9 8 7 6 5 4 3 2 1

BT BK SK AR QRM QRS QRT QRL? QRZ? QRX 5 QSB QSL QTH QSO QRN CL K

THE QUICK BROWN FOX JUMPED OVER THE LAZY DOGS BACK

7 0 3 6 4 5 1 2 8 9

BENS BEST BENT WIRE/5

CQ CQ CQ POTA CQ CWT

TU ES FB GL GM GA GE UR WX TNX PSE

RIG FTDX 101MP PWR 2TT W ANT VDA 20FT UP

YL XYL NR 73 72 88 599 5NN 579 R

DE W4JOD NAME IS JOE QTH IS PINEVILLE NC WX HOT

MISSISSIPPI SISSIES ARE SISSIER THAN TENNESSEE SISSIES

THE SIXTEEN KNEELING GREENSKEEPERS CEASED WEEDING TO SAY SHES BEEN SEEN

SWEEPING GREENFLIES FROM THE SHEETS

BESIDE THE BEEHIVE WHERE THE BUSILY BUZZING BEES FOLLOWED THE QUEEN BEE

IN HER BREEDING FLIGHT UNDER THE WATCHFUL EYES OF SEVENTEEN BEEKEEPERS

STANDING KNEE DEEP IN THE WEEDS.